# YOU ARE NOT ALONE!

EVEN PLANNED
PREGNANCIES
CAN BE
OVERWHELMING.

Remember, our center has helped many in your situation. That is what we do. We can help!

We have MEN who are available to meet with you.

If you haven't made the first step, please set an appointment and learn more about the following life changing support programs we have to offer.



#### The Resource Center

1403 10th Avenue Greeley, CO 80631 (970) 353-2673 info@pregnancygreeley.com



#### **FOR MEN:**

So you think she might be pregnant. Here's some quick advice that may be of benefit to you right now:

## THE DO'S



#### Listen.

The situation involves more than just you. There are now three lives to think about.



## Stay Calm.

Freaking out will only magnify the negative.



#### Talk about it.

Hiding it from people who can genuinely help you only increases the stress.

## THE DON'TS



#### Don't bail.

The more you run from this, the harder it becomes to think and act clearly.



## Don't pressure her.

Applying pressure will only push her away, possibly into a regretful situation.



### Don't forget.

You have a very active role. Listen to her and share your thoughts.

## **FREE SERVICES:**

- STD Screenings
- Pregnancy Tests
- Options Advising
- Limited Ultrasound Exams
- Parenting Classes
- Post-Abortion Counseling
- Community Referrals
- STD, Birth Control and Abstinence Information

It's true, we're here to help.

You'll find the information you need in a professional, non-judgemental environment.

