

Don't let your regrets rob you of  
happiness and hope.

It is time to heal.  
It is time to move forward to a brighter future.  
**You are not alone.**



**CONTACT US**

**Pregnancy Care Center**

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# EXPERIENCING UNEXPLAINED EMOTIONS? YOUR DECISION TO ABORT COULD BE THE CAUSE. WE CAN HELP!

Abortion effects everyone differently. If you are experiencing any of the following, you are not alone.

- Emotional deadening
- Increased tendency toward anger or rage
- Feelings of loneliness or isolation
- Lower self-confidence than usual
- Suffering from insomnia or nightmares
- Greater difficulty in maintaining or developing relationships
- Use of drugs or alcohol
- Eating disorders (binge eating, anorexia, or bulimia)

Take charge of your life.  
Get the support you need today!



**AND FEEL  
GREAT ABOUT  
TOMORROW!**

**24 HOUR HOTLINE  
1-800-555-5555**

